



SCOPE

193RD SPECIAL OPERATIONS WING

193rd airmen assist ailing diner, save life



Photo by Tech. Sgt. Cullen Shaffer
Photo illustration by Tech. Sgt. Erin Fleiser

Senior Master Sgt. Christopher S. Shull and Master Sgt. Spencer J. Schultz perform Self Aid and Buddy Care (SABC) skills on 193rd's own 'Little Anne.' The CPR mannequins are used to teach airmen proper CPR techniques, the same techniques used to help save the life of local diner.

By Senior Airman Vicki Angell

We all get a bit tired of ancillary training. It seems tedious. It seems repetitive. Is it truly necessary to go over the same things over and over again? Don't we already know this stuff?

This is a question we should ask Master Sgt. Spencer J. Schulz, Maintenance Supervisor and Senior Master Sgt. Christopher S. Shull, Basic Services Specialist for the 193rd Special Operations Wing. They

found out just how necessary and useful ancillary training actually is. In fact, their ancillary training may have saved a woman's life.

These Airmen did not set out to practice their skills on the civilian world. They were just hungry and so each had gone separately to McDonald's to grab a quick lunch. They never did eat that day because while they stood at the counter

considering their choices, they heard a commotion coming from the back of the restaurant.

The normal din of the fast food restaurant was overshadowed by several people shouting, "She needs help! She's having a seizure!" Surprisingly, these weren't the voices that stood out to Schulz. Instead, it was one tiny voice crying, "What happened to my grandma," that caught his

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ADVON helps prepare



SCOPE

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THE VOICE OF THE QUIET PROFESSIONALS

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Chief Perspective: Mentorship, family, friends highly valuable

By Chief Master Sgt. Robert Sload



When I was asked to write an article for *Scope*, I had to really think about a topic. I wanted to write about a realistic subject and I thought it best to start off with a brief background of my career.

I joined the 193rd at age 18, thanks to the advice of my uncle. He'd already served eight years in the active Air Force and recently joined the 193rd, so I figured he knew what he was talking about.

I recall my first day of basic training and kept asking myself "what the heck have you done," while noting that I ever got my hands on my uncle, it wouldn't be pretty. I also remember thinking that I'd simply complete my six year obligation and get out because the military didn't seem to fit me.

As the years rolled by, I found that quite the opposite had occurred. I'd become even closer with my uncle and met a lot of interesting people that helped get my career started in the right direction.

A few years ago, the Air Force came out with a process called mentorship. As I researched and became more familiar with the idea, I came to realize that mentoring has always been a way of life at the 193rd. We'd been doing it for years! The Air Force just put a name to it.

The longer I've worked with the same group of people, the closer we grow as friends and family. We've shared good times and helped each other through trying ones. We all share the pain when one loses someone close.

If I had to pick one thing that I believe helped my career, I would have to say networking. I've always enjoyed talking with counterparts across the country in an effort to share ideas and help resolve issues.

I have spent my entire career in the vehicle management field and believe in the importance of networking and sound communication. During a visit to the Guard Bureau, I heard a Major General make the comment that "if the rest of the Air Force would communicate and talk as well as transportation, there would be no need for Air Staff." And while I'm not certain just how true such a statement is, I do know that it's a good feeling to know that I -- or anyone in the military for that matter -- can pick up a phone and find the help they need at any time.

With only a few laps left before my career heads towards the checkered flag, (after my original six year obligation, that is), I can't help but reflect back on the many sites I've seen and places I've been. From the northern lights of Alaska, The Land of the Morning Calm in Korea, the small fishing villages of Andoya Fly Station, Norway, to the clear night skies of the Sahara Desert and Arabian Peninsula where you can almost touch the stars, each journey has a special place in my heart.

The job we do in the military is both challenging and rewarding; however, any task is next to impossible without the support of our mentors, friends, and family. Those of us who wear the uniform have the honor of safeguarding the world so that others can enjoy the beauties of this great earth. To me, that's the most important job of all.

193rd Public Affairs to air second video broadcast of 'Eye on Scope' during November drill! Tune in to channel 4.



Promotions

Promotion to Master Sergeant

Philip J. Myers	193 LRS
Aaron A. Harman	193 OSF
David W. Hill Jr	112 AOS

Promoted to Technical Sergeant

Monica L. Scarazzo	193 SOS
James A. Williams	271 CBCS
Charles R. Frohlich	112 AOS

Promoted to Staff Sergeant

Jonathan D. Maiolo	201 RHS
Tanner C. Delvalle	211 EIS
Jason A. Marsico	193 MOF
Dawn L. Buss	553 Band
Katie L. Brenneman	553 Band
Tarick H. Chaleby	193 MXS

Promoted to Senior Airman

Brittany A. Bedor	193 SVF
Brian R. McQuillen	271 CBCS



News In Brief

Monday now blues day for Airmen

Effective Sept. 8, Airmen are now be required to wear a combination of the blues uniform on Mondays.

At a recent four-star conference, Air Force Chief of Staff Gen. Norton A. Schwartz discussed the issue with other senior leaders.

"We all agreed that part of our image, culture and professionalism is instilled in our blues," General Schwartz said.

The policy is mandatory for most career fields, with installation commanders retaining the authority to adjust for mission requirements.

In a policy letter to all Airmen, Gen. Norton noted that prior to Sept. 11, 2001, it was "...common practice for a majority of Air Force members to wear the blue uniform as their duty uniform... [and] wear utility uniforms one day a week."

Veterans can salute during anthem

The FY 2009 National Defense Authorization Act is now Public Law 110-417. One provision says veterans and military members out of uniform may now render the hand salute during the playing of the National Anthem. An earlier law - the FY 2008 Defense Bill - OK'd the hand salute for veterans and military members out of uniform when the flag is raised, lowered or passing in review.

As we approach Veterans Day (Nov. 11), the Veterans Coalition of Southern Utah invites veterans to salute proudly. This is a gesture of patriotism you have earned by making freedom possible. This nation will be forever in your debt.

Red Cross offers course for families

The American Red Cross is offering a new course to military family members of active duty, Reserve and National Guard forces as well as veterans and their families. "Coping With Deployments: Psychological First Aid for Military Families" is currently offered in 16 states (Alaska, Arkansas, California, Colorado, Florida, Hawaii, Indiana, Minnesota, Nebraska, New Hampshire, Ohio, Oregon, Pennsylvania, Tennessee, Texas, and West Virginia.) and Washington, D.C. However, the Red Cross plans to make the course available across the country by the summer of 2009.

Interested families and individuals in the states currently offering the course can sign up at their local chapter, or they can call the local chapter to schedule a course for a military family group. To locate local chapters, go to www.redcross.org.



How ADVON lets us 'hit the ground running'

By Senior Airman Vicky Angell

If you have gone to war with the unit, you might have wondered how, as if by magic, your lodging, duty station and facilities happened to get there before you did? It wasn't kindly elves who did all that work; rather, it was a combination of a site-survey team and an ADVON team.

Tech Sgt. Nhan Vo., a supply systems analyst for the LRS, and Chief Master Sgt. Carl Longenecker, chief superintendent of the MXG, were recently deployed as part of an ADVON team and explained how ADVON deploys prior to the main rotations to set things up so that those who come over afterwards can "hit the ground running."

In addition to setting up living quarters, the ADVON team integrates incoming members with the existing networks, road-mapping, providing lists of amenities, letting members know where their work places are, Vo. explained.

"Our job is to lay the groundwork so that those who follow will have the foundation to complete the mission. The ADVON and site-survey teams bring everything together before the main rotations start and get the ball rolling."

When segments of the 193rd are deployed to support another unit, the ADVON team is also tasked with building rapport.

"We were basically six ambassadors of the Wing ensuring an easier transition for members coming to complete the mission," said Vo. "Typically, we deploy as the 193rd and don't integrate with other Wings," said Longenecker. "There were two main cultural differences. How guard operates versus active duty, and how to handle a low density high demand asset."

"You manage a high-density, low demand asset like Commando Solo differently than a 'slick 130' which is empty, used for cargo," said Longenecker.

Another challenge for our members can be the stigma of being part of the Guard



Photo by Staff Sgt. John Barnes

Members of the 271st CBCS ADVON team assemble a satellite dish in advance of their team's deployment.

when integrating with an active-duty unit, something Vo being former active-duty Navy, recognized. "There is this misconception that we are less capable. However, we were able to take our knowledge and experience to help them function better," said Vo. "It was a good experience for active and Guard to integrate because they were able to utilize our resources to better their processes."

Longenecker said the extremely high level of expertise found in the Guard may not necessarily be present in all of our active duty counterparts.

"Some units are operationally driven and this has a dramatic impact on training," said Longenecker. "When in austere locations, people with expertise in their civilian jobs, like electricians, don't need to rely on the functions of the base."

"In the Guard, they allow us leverage but also push us as far as we can go. I didn't see that on active duty. There you're given limits—a spectrum," said Vo.

"We're not as well manned so it is more demanding on the individual. But when it comes to training and knowledge, we are ahead, we had the advantage. For instance, on active duty they put one person in charge of receiving for twelve hours, and someone else does distribution. In the guard, we do everything, so they would look to us because we can do it all from beginning to end, not just one piece of the puzzle."

Vo said that there is one thing that the ADVON team cannot set up for us, and that is a positive attitude.

"Some people are like, 'oh man, I have to go to the desert.' But it's alright. There is no stressful driving, they have transportation there. There is more peace and quiet, you don't have to worry about cooking," said Vo. "Create your own routine, otherwise there is too much time to ponder and that's when the negativity can set in. Open minds and positive attitudes feed off one another."

Free Veteran's Day Reading Royals tickets for all military members and family

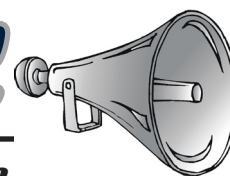
WHEN: Sunday, 9 Nov 08, 1705 / WHERE: Sovereign Center, 700 Penn St, Reading, PA 19602

Mr. Gordon Kaye, General Manager, Reading Royals, is offering all military members and their families free tickets to the Reading Royals Veterans Day game on Sunday, 9 Nov 08. For ticket information, please contact Mr. Bill Henschel, 610-898-7211.

You must provide your name, rank, duty station and number of tickets requested.



Sounding Off



What you need to know to keep you flying...

Updated bonus information list online

Please visit the Education and Retention Information Tab available on the 193 SOW Portal for information regarding:

- 1) New FY09 bonus list flyer
- 2) 179 Day rule and incentives (full-time/temp tours with bonuses)
- 3) The enlisted nursing student stipend program (extra cash for enlisted nursing students \$\$\$)

Questions? Contact the 193rd SOW Retention Office at 717-948-2105.

Construction closes section of road

Effective Monday, 27 Oct 08 until further notice, Mustang Alley and Jug Alley (from Olmstead Blvd to Hercules Way) will be cordoned off and available to GOV and Contractor parking only. This is due to the amount of construction, and in an effort to ensure a safe environment for base personnel.

What's on the Menu

 **21 Nov**
UTA PAYDAY

Saturday

BBQ Beef Cubes
Chicken Fajitas
Rice
Potatoes O'Brien
Corn on the Cob
Corn Chowder

Sunday

Country Steak
Fried Chicken
Mashed Potato
w/ Gravy
Bean Combo
Fried Cabbage

Snack Line

Hours of Operation: 1130-1300

Clancy's will be open

~ Constellation Cafe ~

Spouses/Significant Other Lunch & Expo

WHEN: Saturday, Nov. 15, 2008, 11 a.m. to 5 p.m.

WHERE: Building 8-80 – Fort Indiantown Gap

WHY: Thank Spouse's and Volunteers

Activities include:

- Free Lunch
- Guest speakers and presenters on topics such as, motivation, supporting military members, health/wellness, etc.
- Door prizes and holiday shopping options, from Arbonne, Mary Kay, Party Lite, Longaberger, Tastefully Simple, Pampered Chef and more!

If you haven't registered for this great event and would like to attend, please contact Sandy at Family Support ext. 3155 or pick up one of the registration forms located in the October edition of Scope, on the AF Portal, FRG newsletter in the waiting areas in the bldgs on base, and at the Family Support office, as soon as possible. Time is running out!

193rd shines in NE regional bowl tourney

The 2008 ANG Northeast Regional Bowling Tournament (NERBT) showcased some of the 193rd's best, as members placed in several categories and walked away with money, plaques, and bragging rights:

- MSgt Halina Monczyn was 1st in Women's All Events and teamed with MSgt Leonard Lemieux for 5th in Doubles.
 - TSgt Christine Benham, bowling for the first time in the NERBT was 1st Place in Women's Singles.
 - MSgt Rod Furman (112th) took 3rd in Men's Singles and 2nd in Men's All Events, his 1st NERBT too!
 - MSgt Maria Dawson (271st) was 4th in Women's All Events.
 - SSgt Kevin Greenaway was 8th in Men's Singles and TSgt Gene Scholler 6th Place Men's All Events.
 - Retirees: Lynda Garlock was 4th in Women's Singles, John Kuntz 4th in Doubles, Kathy Brillhart 2nd in Teams and Larry Henderson was 2nd in Doubles and 3rd in Teams.
- The 2009 NERBT is scheduled for Oct. 10 -11, 2009 in Raymond, New Hampshire.

Anyone interested in joining next year's team should contact Mike Beachley @ 717-948-3237 -- or -- John Kuntz 717-395-6794.

And for you long term planners, the 2010 tournament will be held in Cedar Point, OH; 2011 in Atlantic City, NJ; and 2012 in Burlington, VT.



Hometown heroes *continued from Page 1*

attention.

"The little girl seemed to be the same age as my daughter and hearing her that upset really affected me. I acted immediately. I wanted to help," Schulz said.

When he reached the woman's side, Shull was already there assessing the situation. The two men had never met before this day, but immediately began to work as a team.

After ascertaining that the woman was not breathing, they began to administer CPR until paramedics arrived.

Shull's supervisor Lt. Col. James E. Marshall, 193rd SOW Services commander, believes that his performance embodies what being a trained Airman actually means. "This was truly commendable. It is remarkable that he reacted with immediacy and competence," Marshall said.

Both Shull and Schulz say that their reaction was automatic and felt that when you are put in that situation, you do what you are trained to do.

A family member of the woman they saved believes their contribution was

much more than an automatic reaction.

"The Airmen's actions gave my mother-in-law the best chance of maintaining brain function. Our family is extremely appreciative of their efforts," said Renee Barnes.

So the next time you are sitting in self aid and buddy care training (or any other kind of ancillary training) for what seems like the hundredth time, make sure you really do "know this stuff."

Your knowledge and competence could save a life.

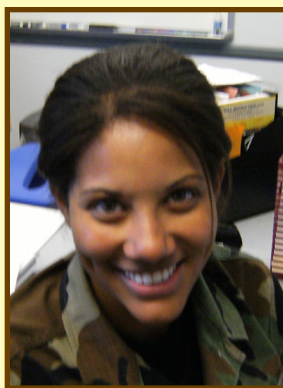
ABOUT FACE

"What are you most thankful for about being in the military?"



Tech. Sgt. Elizabeth F. Shapiro, 271st Unit Training Manager

"I am most thankful for the opportunities that the military has afforded me, such as travel, a chance to see the world, and to serve my country."



Staff Sgt. Joyce M. Williams, Food Services

"I am most thankful for the skills I have learned while working in services. Being in the military also helped me mature a lot faster than I would have had I not joined the service."



Master Sgt. Lou J. Lusk, Security Supervisor

"I am most thankful for my affiliation with the 193rd. The synergy of this unit is outstanding."

Master Sgt. Denise S. Adams, Formal Schools Technician

"The thing I am most thankful for is being a member of a big family."



**UP CLOSE AND PERSONAL WITH THE 193RD
SPECIAL OPERATIONS WING FAMILY.**



Much to be thankful this holiday season

By State Command Chief Master Sgt. Ralph Braden

It is my opinion that we have much to be thankful for as Americans.

The United States of America is a strong and resilient nation and in spite of all the turmoil in the financial markets and the economic issues that confront all of us, I believe that stability and prosperity will return to America. I am thankful to be part of this great experiment in democracy that began over 232 years ago.

As of the writing of this article, a hard fought race for the Presidency is coming to an end. One thing is for certain as of the publishing of this article, America once again will have held free elections and a new President will have been elected. I am thankful to be able to vote

for the leadership of my country.

We have many of our comrades in arms that are deployed in harm's way both from the Pennsylvania National Guard and our sister services. Many more of our Pennsylvania Army National Guard brethren are deploying in the coming year. I am thankful for the service of my fellow Pennsylvania National Guard members and all the members of our military.

We should all be thankful for our continued good health and the health of our families. We need take an active roll in continuing to have good health and fitness. This includes watching what we eat during the holiday season. I am thankful for my good health and the good health of my

family.

Thanksgiving is a time of family gatherings. We all know that without the support of our families we in the Pennsylvania National Guard could not do what we do. Please take the time to thank your families for their support of your service. Also, please thank your families for me, their support of your service is critical to the mission of the Pennsylvania Air National Guard and I appreciate it.

If you are celebrating Thanksgiving deployed, please know that you are in our thoughts and that we look forward to your safe return. If celebrating at home with your families, please keep our brothers and sisters in harm's way in your thoughts.

Gates taps McKinley as next Guard Bureau chief

by Air Force Master Sgt. Mike R. Smith
National Guard Bureau

Defense Secretary Robert M. Gates recommended Air Force Lt. Gen. Craig R. McKinley as the next chief of the National Guard Bureau and promotion to full general, and LTG H Steven Blum as the next deputy commander for the U.S. Northern Command (NORTHCOM) during a Pentagon media briefing Wednesday.

If nominated by the president and confirmed by the U.S. Senate, McKinley would become the National Guard's first four-star general. Blum, the Guard's current chief, would become the first National Guard deputy commander of NORTHCOM, based in Colorado Springs, Colo.

McKinley is currently director of the 106,000-member Air National Guard, a post he assumed in May 2006. Blum has been chief of the Guard Bureau since April 2003. Blum served as NORTHCOM's chief of staff for eight months before that.

"General McKinley is well qualified for this important and historic new assignment," Gates told Pentagon reporters. "He has held command positions at every level of the Air Force during his 34 years of military service."

Gates said the nomination for a fourth star for the National Guard Bureau chief is in keeping with the recommendations of the Commission on the Guard and Reserves and the fiscal year 2008 National Defense Authorization Act (NDAA).

McKinley would serve as the principal advisor to the chairman of the Joint Chiefs of Staff on National Guard issues. The NDAA, also establishes the Guard Bureau as a joint activity of the Department of Defense.

"The elevation of the National Guard chief to four stars recognizes the enhanced importance of the Guard to America's overall national defense," said Gates. "The elevation also recognizes the vital role the chief will have as a bridge between the state and federal components of our government and the active and reserve components of our military."

The Guard Bureau chief is the senior uniformed National Guard officer responsible for formulating, developing and coordinating all policies, programs and plans affecting more than half a million Army and Air National Guard personnel,

including civilian employees.

The last Air Force general to serve as Guard Bureau chief was Lt. Gen. Russell C. Davis, who held that position from 1998-2002.



Lt. Gen. Craig R. McKinley, Director, Air National Guard sets his sights on Chief, NGB and promotion to general.

November Eye on Scope to showcase new feature segment

This month's edition of *Eye on Scope* includes a new video segment, *Generally Speaking*. In this broadcast, Brig. Gen. Eric Weller, Commander, 193 SOW, sits down for an up close and personal chat about Wing accomplishments in 2008, important news, and what's in store for Wing personnel in 2009.



193rd ORI in pictures celebrates success

Photos by Tech. Sgt. Matt Schwartz and Staff Sgt. Mariko Rauch



